Activity Cart Wish List

While families and visitors spend time in the waiting rooms at Vanderbilt University Hospital, volunteers offer items of comfort. These items include snacks and activities from our hospital activity carts. Acceptable food donations include non-perishable, individually packaged items that do not require refrigeration. Easy pull tabs on cans are preferred.

You or your organization can help us stock our activity carts through your donations. Call (615) 936-3078 to coordinate a donation through Volunteer Services.

Food

- Granola bars
- Cookies
- Teddy Grahams
- Goldfish crackers
- Mixed nuts
- Pop Tarts
- Pretzels
- Raisins
- Fruit snacks
- Saltine crackers
- Snack crackers (peanut butter, cheese)
- Snack-size chips
- Trail mix
- Candy
- Candy bars
- Individually wrapped mints

Drinks

- Bottled water
- Canned soft drinks
- Fruit drinks
- Juice boxes

Toiletries - travel and trial size preferred

- Hand sanitizer
- Antibacterial wipes
- Deodorant
- Toothpaste
- Toothbrushes
- Dental floss
- Mouthwash
- Shaving cream
- Disposable razors
- Laundry detergent and dryer sheets
- Reading glasses (dollar store brands are fine)

Activities

- Crossword puzzles
- Coloring books, for adults and children
- Children's activity books
- Crayons
- Word search games
- Sudoku
- Magazines - current, within six months
- Gently used paperback books
- Playing cards
- Card games