How to Invite a Guest to Your Telehealth Visit

If you would like to have your spouse, parent, child, or caretaker attend your telehealth visit, you can use My Health at Vanderbilt to invite them. But do not allow a guest to use the Join Video Visit button in your My Health at Vanderbilt account. That's only for you. If anyone else uses it, you may not be able to join your visit.

You must use an Internet browser (Chrome, Safari, Edge) to invite your guest. The My Health at Vanderbilt mobile app is not able to send invitations.

If you need help, call (615) 343-4357 and choose option 4.

Here are the steps:

1. Open an Internet browser on your computer or mobile device.
2. Go to MyHealthAtVanderbilt.com and log in to your My Health at Vanderbilt account.
3. Choose Appointments and Visit in the menu bar at the top.
4. Find your telehealth visit and click or tap on the green Details button.
5. Click or tap on the View and invite participants button in the menu on the left side.

6. Click or tap on Invite a new guest.
7. Choose New Guest from the Invitation Recipient menu at the top. If you've invited your guest to a visit before, choose their name from the menu.

8. Fill in their name and relationship.

9. Choose Text message or Email. Then fill in their mobile phone number or email address.

10. Click or tap on the green Send invitation button.

11. Your guest will get either a text message or an email with a link to join your telehealth visit.