

Pre-Breast Procedure Instructions

Your Scheduled Procedure: _____

Your Appointment: _____

Please inform the Vanderbilt Breast Center before scheduling your procedure if:

- You have any history of bleeding or platelet problems
- You have a history of liver disease such as cirrhosis
- You take any prescription blood thinners such as Coumadin/ warfarin, heparin, Lovenox, or Plavix (these regimens will need to be altered in preparation for your procedure)
- You have an allergy to any anesthetic (numbing medicine)
- There is a possibility of pregnancy
- You are scheduled for a stereotactic biopsy or MRI-guided biopsy and weigh over 300lbs, or are unable to lie on your stomach
- You have any physical limitations or mobility problems
- You plan to take a sedative prior to your procedure

On the day of the procedure:

- Please arrive at your appointment time and plan to spend at least 2 hours at VBC
- Deodorant is safe to wear on the day of the procedure, but please avoid any non-prescription lotions, powders, or perfumes
- Wearing a well-supportive bra or a sports bra is suggested on the day of the procedure, and for 2-3 days after if you are still sore
- Please eat a small meal before your appointment and take any prescribed medications at their regular times (unless otherwise instructed by your medical provider)
- Prior to the procedure the Radiologist will review the details of your case, answer any questions you may have, and consent you for the procedure

**If you have any questions regarding the procedure, medications, or instructions,
please call our RN at 615-322-1912**

To reschedule your procedure, please call our scheduler at 615-322-7691