Pre-Breast Procedure Instructions

Your Scheduled Procedure: ____________________________________________

Your Appointment: _________________________________________________

Please inform the Vanderbilt Breast Center before scheduling your procedure if:

- You have any history of bleeding or platelet problems
- You have a history of liver disease such as cirrhosis
- You take any prescription blood thinners such as Coumadin/warfarin, heparin, Lovenox, or Plavix (these regimens will need to be altered in preparation for your procedure)
- You have an allergy to any anesthetic (numbing medicine)
- There is a possibility of pregnancy
- You are scheduled for a stereotactic biopsy or MRI-guided biopsy and weigh over 300lbs, or are unable to lie on your stomach
- You have any physical limitations or mobility problems
- You plan to take a sedative prior to your procedure

On the day of the procedure:

- Please arrive at your appointment time and plan to spend at least 2 hours at VBC
- Deodorant is safe to wear on the day of the procedure, but please avoid any non-prescription lotions, powders, or perfumes
- Wearing a well-supportive bra or a sports bra is suggested on the day of the procedure, and for 2-3 days after if you are still sore
- Please eat a small meal before your appointment and take any prescribed medications at their regular times (unless otherwise instructed by your medical provider)
- Prior to the procedure the Radiologist will review the details of your case, answer any questions you may have, and consent you for the procedure

If you have any questions regarding the procedure, medications, or instructions, please call our RN at 615-322-1912
To reschedule your procedure, please call our scheduler at 615-322-7691