

# Intravenous Pyelogram (IVP)

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## *What You Need to Know and Do*

An intravenous pyelogram (IVP) is an X-ray exam of your urinary tract (kidneys, ureters, and bladder). X-ray dye (contrast medium) is used to make your urinary tract show up more clearly on the X-ray.

This test is used to find stones or other problems.

### What should I do before my appointment?

You may need to stop eating or drinking before the test, or you may need to stop taking your medicine. Ask us how you need to prepare for your exam.

You may need to take a laxative the night before your test.

### When should I arrive for my appointment?

You will need to arrive at least 30 minutes before your appointment time to check in and complete paperwork.

### What happens during my test?

You will have an IV (intravenous) line inserted into your arm. X-ray dye is inserted through the IV.

You will be asked to move into different positions and hold your breath while the X-rays are taken.

Pressure may be applied to your belly to get the best images (pictures).

You may be asked to empty your bladder before the last X-ray is taken.

### What happens after my test?

You can usually go back to your normal activities and normal diet right away.